



HAMPDEN SENIOR CENTER

104 ALLEN STREET

Monday-Friday 9:00am—3:00pm

413-566-5588 (phone)

413-566-2103 (fax)



FREE WI-FI



TRI TOWN TROLLEY (413) 525-5412 — The TRI Town Trolley is running for Hampden, East Longmeadow & Longmeadow residents. Mon-Fri, 9:00am-2:00pm. **Every Tuesday, Hampden Seniors can book rides for grocery, banking, etc. shopping at Allen & Cooley Street, Springfield or East Longmeadow stores.**

SENIOR CENTER STAFF

Rebecca Moriarty, Executive Director
coa@hampdenma.gov

Doreen Rauch, Administrative Clerk
scribe@hampdenma.gov

Wendy Turer, Outreach Coordinator
outreach@hampdenma.gov

Nan Hurlburt, Activities Coordinator
activities@hampdenma.gov

Holly Normoyle, Receptionist
receptionist@hampdenma.gov

Rudie Voight, Custodian

PLEASE NOTE: If for some reason or another you are not receiving the Scribe by mail, we will be happy to send the newsletter to you via email. Please call or stop in and leave your email address at the front desk .

Greetings!

This month marks the end of a journey, as our wonderful friend and co-worker, Doreen Rauch... **RETIRES!** Doreen has been a dedicated town employee for 20 years. She started in the Board of Health office and came to the senior center back when the building first opened in 2002.

While we are all happy that she will have time to spend with her family and enjoy retirement, it's difficult to lose such an amazing employee! If you don't have a Doreen in your life, you should! Doreen has been such an asset to the senior center. She is not only a hardworking, diligent, no nonsense employee, she is a wonderful friend. The front office will be a different place without her, but we know she will be back in a volunteer capacity (which is the only reason we have "allowed" her to retire!).

Please join me and the staff in congratulating Doreen on her amazing career here in Hampden and thanking her for all that she did to help in providing programs and services for older adults in the community.

We have a visit from the Assessor's Office scheduled for Tuesday, August 13th at 10:00 A.M. Come to this information session about options that are available for you.

COA BOARD MEMBERS

Chairman: Deborah Mahoney

Vice Chairman: Ed Norman

Treasurer: Nancy Willoughby

Secretary: Marty Jacque

Cliff Bombard, Monique Downey,

Suzanna Haskins, Deanna Vermette

Rep to GSSSI: John Shay

NEXT COA BOARD MEETING:

Tuesday, July 9th @ 9:15am

The Hampden Lion's Club provides the paper for the SCRIBE and Friends of Hampden Seniors provide postage. Many thanks to both organizations!

Save the Date for our Annual Summer Picnic on Thursday, August 15th. Sign up for this fun event and enjoy lunch and entertainment with us. More details to come. ☀️

Have a great summer!
Becky.....

OUTREACH

The Outreach Office is your resource center. Information on a variety of services, assistance programs, home health care, alternative living options, insurance information, etc.

The Outreach Program is partially funded by a grant from the Executive Office of Elder Affairs and the Federal Administration for Community Living

BROWN BAG -TUESDAY, July 16th @ 1:00pm

FALLON INSURANCE- Tuesday, July 30th, 10am

SHINE (Serving Health Information Needs of Everyone)

Call for an Appointment with Becky if you need help navigating the Medicare maze!

RMV - Need help with your License or Registration? Call for Appt with Wendy.

The Hampden Senior Center is now a SNAP Outreach Partner!

What does that mean for you? Wendy Turer, Outreach Coordinator, is now able to assist you in more ways than before with your application and recertification for SNAP (formerly known as Food Stamps).

Applications can be processed online, your SNAP balance can be checked, documents can be directly uploaded to SNAP and so much more.

Income guidelines for a household of 1—\$2,082

Income guidelines for a household of 2—\$2,818

Please call Wendy for more information

Caregiver Support Group

For those caring for a loved one with dementia or other related memory impairments.

Meets the **second Monday of every month from 1-2 P.M.**

Facilitated by Suzanne McElroy, MSW from Home Instead Senior Care.

Respite options are available for your loved ones.

Please call Wendy for more information.

HEALTH/ WELLNESS CORNER

BAYSTATE HEARING

1ST WEDNESDAY OF THE MONTH.

CALL FOR APPT



FOOTCARE: THURSDAY, July 25th & August 29th
call for appt.

FREE BLOOD PRESSURE CLINIC

TUESDAY AND THURSDAY

10:00 AM—11:00 AM



“The Journey”: A Memory Café

The Memory Café is a welcoming place for individuals with memory challenges along with their caregivers and/or family and friends to gather in a safe, supportive and engaging environment.

Every Friday from 10am to noon

Please call Wendy if you would like more information about the café. Sponsored in part by Homewatch Caregivers



Disabled American Veterans

Michelle Barrett, Chapter Service Officer for the Disabled American Veterans of Chapter 68 in Springfield is here Wednesday 9-1pm, call for an appointment 566-5588

FARMSHARE PROGRAM

Sponsored by D & R Farm here in Hampden!

Starting Wednesday, JULY 3rd.

\$10/week shares of fresh fruits and veggies!

Application required. Cash, SNAP and HIP accepted.

Call Wendy for more information.



NEW Walking Club

Join us for some exercise! Every Wednesday from 9:30

A.M.—10:30 A.M. the walking club will meet in the

Thornton Burgess Parking Lot

(Wilbraham Road, Hampden).

Call for more information. 566-5588

Please use this form to make a donation to the **FRIENDS OF HAMPDEN SENIORS.**

We appreciate your support! Please make checks payable to “Friends of Hampden Seniors”

Donation From: _____ Address: _____ Donation Amount: \$ _____

In Honor of: _____ In Memory Of: _____

Send acknowledgement to: _____ Address: _____

Donation to be used for: _____ Memory Café _____ Food Pantry _____ Emergency Fuel Fund

_____ Programs & Activities _____ General Need _____ Other (Specify) _____

FRIENDS OF HAMPDEN SENIORS 2019 MEMBERSHIP FEE \$5.00 _____

Mail to: 104 Allen Street, Hampden, MA 01036 or drop off at the front desk at the senior center



TRIPS WITH BOBBI GRANT

Call Bobbi @ 413-566-8271

email to bobbijg2@charter.net

**Now Taking Deposits on the 6 Trips Listed Below;
Flyers Are Available at the Reception Desk.**

Thurs/Fri, Aug 8/9-Lake George/Saratoga Races: 1 Night Stay @ Lakefront Georgian Resort, Lake George Cruise, Dinner Show @ the Resort with Entertainer Laura Roth, Buffet Breakfast, Reserved Seats @ Saratoga Race Track. Full Payment Deadline July 5th \$294/pp dbl, \$384/pp sngl

Thurs, Sept 19 – Red Sox/Giants Day Game @ Fenway: Interleague Game vs San Francisco Giants, Seats in Section 21 Behind Home Plate. Full Payment Deadline Aug 22nd \$131/pp

Fri, Sat & Sun, Sept 20, 21 & 22 – Adirondack Balloon Festival: +2 Nights Stay @ Lakefront Georgian Resort, 2 Brkfst, Dinner Show @ Resort, Lake George Lunch Cruise, NY State Museum, Lake George Guided Tour/Prospect Mt. Full Payment Deadline Aug 23 \$390/pp dbl

Thurs, Nov 14 - Newport Playhouse: Delicious Buffet Lunch, Hilarious Play “Boeing Boeing” A Playboy Pilot Gets in Trouble, Cabaret (2nd Show). Full Payment Deadline Oct 25th \$93/pp

Wed, Dec 4– Big E Carriage House: Delicious Brunch (see Menu on Flyer), One Man Show “Christmas with Father Aloysius Misgivings”, Comedy Growing Up Catholic. Full Payment Deadline Nov 8th \$80/pp

Bus Seat Assigned as your \$20/pp Deposit is Received.

Overnight Trips Require a \$50/pp Deposit.

Full Payment Deadlines are 1 Month Before the Trip.

All Prices Include Transportation and our Driver's Tip.

HAMPDEN TRAVEL CLUB; Call NORA at 566-5796

****Limousine service from Hampden to the airport and back to Hampden. ** Tour guide stays with you for your trip.**

BEST OF EASTERN CANADA; MONTREAL, QUEBEC, TORONTO, NIAGARA FALLS & MORE, AUG 27-SEPT 3, 8 DAYS

CANADIAN ROCKIES BY TRAIN; SEPT 29-OCT 6TH

NEW LISTINGS: 2020

Dutch & Belgian River Cruise April 28 to May 6, 2020.

Bluegrass Country and Smoky Mountains June 4, 2020.

American Cowboy Country Sept 13-20, 2020

Coming: New Mexico Balloon Festival. 2020

MONDAY MOVIES @ 12:15



JULY 1st - DOG DAYS - In this ensemble comedy, dogs are not only man's best friend, they're his best matchmaker as a disparate group of Los Angeles -- including a mom, an athlete turned TV host and a barista -- connects through their canine companions. Cast Nina Dobrev, Vanessa Hudgens, Adam Pally, Eva Longoria

JULY 8th - THE RIDER - After a tragic riding accident, young cowboy Brady, once a rising star of the rodeo circuit, is warned that his competition days are over. Back home, Brady finds himself wondering what he has to live for when he can no longer do what gives him a sense of purpose: to ride and compete. In an attempt to regain control of his fate, Brady undertakes a search for a new identity and tries to redefine his idea of what it means to be a man in the heartland of America. Cast Brady Jandreau, Cat Clifford, Lane Scott, Lilly Jandreau

JULY 15th - THE MULE - Earl, a broke man in his 80s, is offered a job that simply requires him to drive. But unbeknownst to Earl, he's just signed on as a drug courier for a Mexican cartel. He does well—so well, in fact, that his cargo increases exponentially, and Earl is assigned a handler. But he isn't the only one keeping tabs on Earl; the mysterious new drug mule has also hit the radar of hard-charging DEA agent Colin Bates. And even as his money problems become a thing of the past, Earl's past mistakes start to weigh heavily on him, and it's uncertain if he'll have time to right those wrongs before law enforcement, or the cartel's enforcers, catch up to him. Cast Clint Eastwood, Bradley Cooper, Laurence Fishburne

JULY 22nd - BAD TIMES AT THE EL ROYALE The El Royale hotel near Lake Tahoe, California, has seen better days, and so have most of its guests -- including a beleaguered priest, a pair of female cons and a cult leader -- who are on a collision course with one another. Cast Jeff Bridges, Cynthia Erivo, Dakota Johnson, Jon Hamm

JULY 29th - BEAUTIFULLY BROKEN - A refugee's escape, a prisoner's promise, and a daughter's painful secret converge in this inspiring real life story of hope. As three fathers fight to save their families, their lives become intertwined in an unlikely journey across the globe, where they learn the healing power of forgiveness and reconciliation. Cast: Eric Roberts, Michael W. Smith





Senior Center Activities



ACRYLIC PAINTING

Thursdays, 9:45-11:45am, \$15.00 includes all materials.

BRIDGE Monday, 9:30am. Always looking for players.

BINGO Thursdays, 12:00 noon, \$.50 cents a card.

BUNCO Tuesday, 12:00 noon, \$2.00

CANASTA Tuesdays, 12:30pm



CHAIR MASSAGE Enjoy a chair massage with Vicki Finnegan on the 3rd, Friday, 10:00am, 15 minutes for \$10.

CHAIR YOGA

Join Sue Kent on Tuesday & Thursday, 11am \$5/Class

FACIALS

2nd Thursday of every month. 1 hour for \$30.00. Call for Appointment.

FUNCTIONAL FITNESS

Tuesday, 12:00 noon, with Sue Kent, \$5/Class

GENEALOGY/FAMILY HISTORY

1st and 3rd Thursday of the month, 12:30pm

HEARING First Wednesday of the month, Call for appt.

JEWELRY ON HIATUS JULY & AUGUST

KNITTING/CROCHET Join Barbara Dunwoody and class in learning different patterns Mondays 9:00 am



LINE DANCING THURSDAY - 2pm, \$5.00

MAHJONGG

Fridays, 11am, will teach anyone interested

MANICURES

Cathy is here twice a month, call her at 335-7422

MEMORY CAFÉ: Fridays from 10-12 noon

Sponsored by:



PITCH Wednesdays, \$2.00. SIGN UP 11:45am, PLAY 12:00. Come join all the fun!

POOL ROOM

LADIES (Tuesday); MEN (Thursday)



PINOCHLE Tuesdays, 12:30pm

QUILTING Fridays, 9:00am-3:00pm

SHUFFLEBOARD Tuesdays, 9am

SOCIAL DANCING - Call for information

TAI CHI

ADVANCED CLASS, Mondays, 10:00am. \$5.00

EGINNER CLASS, 11:15am TO 12:00noon. \$5.

TRIVIA Wednesdays @ 10AM. Always looking for fresh minds!

WATERCOLOR BACK IN THE FALL

WEIGHT TRAINING Join Vicky from the YMCA - Tuesdays & Thursdays, 10AM, \$3.50

YOGA Join Sue Kent on Tuesday & Thursday, 1:00pm, \$5.00/Class



GENEALOGY/FAMILY HISTORY

THE FIRST & THIRD THURSDAY OF THE MONTH @ 12:30PM

Are you new to looking for your ancestors and don't know where to start? We can help! Need ideas on how to organize all your information, we can offer a range of possibilities. Come in and sit in on the discussion and stay to learn hands-on on-line searching.

Please check our events calendar monthly for any CANCELLED classes.

Hampden Senior Center
104 Allen Street
Hampden, MA 01036

JULY 2019 EVENTS

Lunch served daily @11:30am,
RVSP before noon the day
before @ 566-5588.


Mon	Tue	Wed	Thu	Fri
1 9:00 Knitting 9:30 Bridge 10:00 Tai Chi 11:15 Beginner Tai Chi 12:15 Movie	2 <u>SHUFFLEBOARD</u> 9:00 Ladies Pool 10:00 Weights 10:00 Blood Pressure 12:00 Bunco 12:30 Canasta 12:30 Pinochle Yoga & Functional Fitness CANCELLED	3 <u>HEARING</u> 9:00 DAV 9:30 HSC Walking Club 10:00 Trivia 12:00 Pitch	4 closed 	5 closed
8 9:00 Knitting 9:30 Bridge 10:00 Tai Chi 11:15 Beginner Tai Chi 12:15 Movie 1:00 Caregiver Support	9 <u>COA Board</u> <u>SHUFFLEBOARD</u> 9:00 Ladies Pool 10:00 Weights 10:00 Blood Pressure 11:00 Chair Yoga 12:00 Functional Fitness 12:00 Bunco 12:30 Canasta/ Pinochle 1:00 Yoga	10 9:00 DAV 9:30 HSC Walking Club 10:00 Trivia 12:00 Pitch	11 9:00 Men's Pool 9:45 ART IS 4 Every 1 10:00 Blood Pressure 10:00 Weights 11:00 Chair Yoga 12:00 Bingo 1:00 Yoga 2:00 Line Dancing	12 9:00 Quilting 10:00 Manicures 10:00 MEMORY CAFÉ 11:00 Mahjongg
15 9:00 Knitting 9:30 Bridge 10:00 Tai Chi 11:15 Beginner Tai Chi 12:15 Movie	16 <u>SHUFFLEBOARD</u> 9:00 Ladies Pool 10:00 Weights 10:00 Blood Pressure 11:00 Chair Yoga 12:00 Functional Fitness 12:00 Bunco 12:30 Canasta 12:30 Pinochle 1:00 Yoga 1:00 Brown Bag	17 9:00 DAV 9:30 HSC Walking Club 10:00 Trivia 12:00 Pitch	18 <u>FACIALS</u> 9:00 Men's Pool 9:45 ART is 4 Every 1 10:00 Blood Pressure 10:00 Weights 11:00 Chair Yoga 12:00 Bingo 12:30 GENEALOGY 1:00 Yoga 2:00 Line Dancing	19 <u>MASSAGE</u> 9:00 Quilting 10:00 MEMORY CAFÉ 11:00 Mahjongg
22 9:00 Knitting 9:30 Bridge 10:00 Tai Chi 11:15 Beginner Tai Chi 12:15 Movie	23 <u>SHUFFLEBOARD</u> 9:00 Ladies Pool 10:00 Weights 10:00 Blood Pressure 11:00 Chair Yoga 12:00 Functional Fitness 12:00 Bunco 12:30 Canasta 12:30 Pinochle 1:00 Yoga	24 National Ice Cream Day 9:00 DAV 9:30 HSC Walking Club 10:00 Trivia 11:00 State Senator Representative 12:00 Pitch	25 <u>FOOT CARE</u> COLLATE 9:00 Men's Pool 9:45 ART is 4 Every 1 10:00 Blood Pressure 10:00 Weights 11:00 Chair Yoga 12:00 Bingo 1:00 Yoga 2:00 Line Dancing	26 9:00 Quilting 10:00 Manicures 10:00 MEMORY CAFÉ 11:00 Mahjongg
29 9:00 Knitting 9:30 Bridge 10:00 Tai Chi 11:15 Beginner Tai Chi 12:15 Movie	30 <u>SHUFFLEBOARD</u> 9:00 Ladies Pool 10:00 FALLON INSURANCE 10:00 Weights 10:00 Blood Pressure 11:00 Chair Yoga 12:00 Functional Fitness 12:00 Bunco 12:30 Canasta 12:30 Pinochle 1:00 Yoga	31 9:00 DAV 9:30 HSC Walking Club 10:00 Trivia 12:00 Pitch	<div> Volunteers are needed to help collate our monthly Newsletter (the Scantic Scribe) one day a month. Check calendar for date. Thanks! </div>	

Hampden Senior Center
104 Allen Street
Hampden, MA 01036
413-566-5588

JULY 2019

Lunch served daily @
11:30am, RSVP by
noon the day before.

LUNCH MENU

Mon	Tue	Wed	Thu	Fri
1 Baked Chicken Baked Potato Carrots 12 Grain Bread Pears Cal: 810 Sod: 788	2 American Chop Suey Tossed Salad Wheat Bread Peaches Cal: 659 Sod: 689	3 *Hot Dog/Bun Baked Beans Cole Slaw Fruit Jello/Topping Cal: 969 Sod: 1265	4 closed 	5 closed
8 Hungarian Goulash/Noodles Mixed Veggies Wheat Bread Chocolate Pudding Cal: 658 Sod: 592	9 Chicken Meatballs Farfali/Tomato Sauce Winter Mix Veggies Wheat Dinner Roll Plum Cal: 622 Sod: 559	10 Veg Gumbo Soup Tuna Salad Lettuce/Tomato/Bun Birthday Cake Cal: 692 Sod: 1101	11 Baked Chicken Oven Brown Potato Tuscan Blend Veggies 12 Grain Bread Pineapple Cal: 680 Sod: 1024	12 Taco Bowl Shredded Cheese/Lettuce Yellow Rice Tortilla Chips Mixed Fruit Cal: 639 Sod: 709
15 Pot Roast Garlic Potatoes Genoa Blend Veggies Oat Nut Bread Applesauce Cal: 8615 Sod: 475	16 Baked Hawaiian Chicken Coconut Rice Ginger Carrots Rye Bread Pineapple Cal: 746 Sod: 402	17 Br Alaskan Pollock Scalloped potatoes Oriental Blend Veggies Wheat Bread Banana Cal: 934 Sod: 848	18 Shred Turkey/Gr Mashed Potatoes Cranberry Sauce Peas/Carrots Oat Nut Bread Peach Crisp Cal: 770 Sod: 898	19 Chick Pea Soup Cape Cod Chicken Salad Pickled Beets Hamburg Bun Ambrosia Cal: 966 Sod: 1021
22 <u>CATCH OF THE DAY</u> Haddock/Roasted Pepper Sca Yellow Rice California Veggies Rye Bread Peaches Cal: 521 Sod: 632	23 Baked Chicken Cacciatore Rotini/Tomato Sca Tossed Salad Wheat Bread Bread Pudding Cal: 980 Sod: 787	24 Seasoned Beef Strips Mushroom Gravy Au Gratin Potatoes Butternut Squash 12 Grain Bread Jello Cal: 892 Sod: 1092	25 Meatloaf/Gravy Mashed Potatoes Corn Monterey 12 Grain Bread Pears Cal: 655 Sod: 617	26 Chef Salad Potato Salad Marinated Cucumbers Dinner Roll Mixed Fruit Cal: 788 Sod: 858
29 Cr Broccoli Soup Baked Chicken Alfredo/Ziti 12 Grain Bread Rice Raisin Pudding Vanilla Pudding Cal: 889 Sod: 793	30 Latino Fish Stew White Rice Carrots Dinner Roll Mixed Fruit Cal: 527 Sod: 456	31 <u>COLD PLATE</u> Corn Chowder Egg Salad/Bun Cole Slaw Apple Cal: 1120 Sod: 1148	<div> <p>*High Sodium Entrée Suggested Voluntary Donation \$2.00 Puree Meals available Call GSSSI 781-8800</p> </div> <div> <p>Sod=Sodium CAL=Calories *Item over 500mg Sodium Total Sodium & Calories Based on Regular Dessert</p> </div>	

Saturday Night Dinner Dances

104 Allen St., Hampden, MA 01036

Cost \$25.00 PREPAID, PER PERSON. 413-566-5588
Place your reservation and purchase your tickets early.

Appetizers, Dinner with delicious sides,
Complimentary Cocktail and Dessert. Cash Bar. 50/50 Raffle.
Doors open at 5:30 pm. The Bands will play for your listening
and dancing pleasure from 6-9. Themed Apparel suggested!

July 27th "Good Acoustic Band"
Teriyaki Chicken, Dirty Rice and Glazed Carrots.



September 21st "Decades Band"

Beef Stroganoff and Noodles with Sides.

Proceeds from this event to benefit the "Memory Cafe" held at our center to support
people with alzheimer's and their care givers.

October 26th "Sharades Band" **Spooky Spirit Party**
Meatballs with Pasta and Sides.



These Events Sell Out
Fast...Make your reservation
Early. 413-566-5588.
Checks made out to
Town of Hampden...Thanks.

Sponsored in part by:
Friends of Hampden Seniors and
generous donations from
area businesses.



Thursday

**8/15 @
11:30**

**Cost:
\$5.00**

Sign up early for all the fun and games. Wear your
favorite summer duds. Door prizes!

The Hampden Senior Center
is pleased to present our
Senior Picnic Luncheon

A lovely lunch will be served
and we will be entertained by
"Chuck & Ron

singing all your summer favorites



Summer Art Show

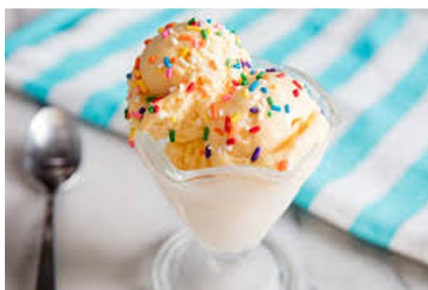
104 Allen St., Hampden, MA 01036
(Hampden Senior Center)

Scantic River Artisans Exhibit
www.scanticriverartisans.org

July 20 (10:00 - 4:00)
Reception (12:00 - 2:00)
(Meet the Artisans)

We invite you to experience, explore and purchase the diverse art on display.

LIVE DEMOS!

Wednesday July 24th National Ice Cream Day
Join us for lunch (Cost \$2.00) and stay for Ice Cream
sponsored by:  **Citizens Bank®**



Thursdays 2 to 3 pm Cost \$5.00
Line Dancing with Nina

Research has found that dancing improves strength and muscle function in older adults, as well as increasing balance and flexibility, leading to better stability and fewer injuries. Dancing can also improve your cardiovascular health, which will decrease your chances of developing heart disease.

Nina will demonstrate and teach the basics of 3 popular dances each week with plenty of time for review. Join us for this fun activity.



Town of Hampden Newsletter

July 2019



A Selectmen's Initiative to provide timely information and governmental transparency

Selectmen's Message by John D. Flynn:

We would like to thank you, our neighbors, who continue to support our Town, by voting for an expansion of the highway garage, as well as studies to upgrade the fire station, public safety communications and the senior center. The results of the studies will be brought to the voters for action at a Town Meeting, either in the fall or next spring.

Also, we would like to thank Vinnie Villamaino and Norm Charest for their service on the Board of Selectmen, and we also extend our thanks to Fire Chief Mike Gorski, Deputy Chief Dave Markham, and Jane Budynkiewicz. All of them have given so much of their time and talent to the town and we all are extremely grateful! *(Editor's note: Markham has resigned from the Deputy Chief position, and Budynkiewicz has resigned from the H.F.D.'s clerical position.)*

Don't Rush to Flush: MEDS in the BIN, We all WIN!

So states a flyer from *the Hampden Wilbraham Partners for Youth*, available in the Upper Hallway of the Town House, left side on the free/informational bench. This is just a reminder that residents can drop off any unwanted meds (**pills only**) at the Hampden Police Station on Allen Street, which is open 24/7.

The flyer notes that it is a 'safe disposal, no questions asked.' opportunity. Very important: "Do NOT flush in the toilet – medications may harm the water supply."

Grassroots Group Discussing Digital Recording of town committee meetings

The June 13th issue of *The Wilbraham-Hampden Times* had a front page article entitled "Committee explores meeting broadcasts" (June 3rd Board of Selectmen's meeting) which was continued on page 7. There was also a "Viewpoints" editorial "Televised meetings benefit the community." In which the 4th paragraph listed some of the benefits.

In both, Mary Ellen Glover was inadvertently referred to as being a member of the citizen's group; she was not. She spoke independently about her experiences as a school committee member. This editor contacted Tyler Witkop, *Times* editor, and explained that Glover wasn't a member of the group. So for the record, only three of the group's members were present: John Plaster, Craig Rivest, and Ted Zebert. The fourth member, former Selectman Jim Smith, was unable to make that June 3rd meeting. *(Editor's Disclosure: married to Ted Z)*.

The grassroots group held a meeting Saturday, June 15th, and a few people attended. The discussions covered various pros & cons of several issues. One resident said that if the minutes

were more detailed then there would be no need for recording meetings. Other issues included recordings being town sponsored or by an independent nonprofit. If the town used Charter's public access option then there would be a fee on every Hampden Charter customer's bill (not all residents subscribe to Charter) vs an independent nonprofit doing fund raising thus no Charter bill fee, and little to no tax dollar used.

Backstory: September 8, 2015 a Charter representative was on the Selectmen's agenda to discuss public access. Selectmen Flynn suggested using the police station area once it was vacated. (That space is currently being used for office spaces.) There were unanswered questions at that time. A Charter person was going to contact the Selectmen's office in early October. There was even talk of a draft public access article for the Annual Town Meeting in the Spring of 2016. This Editor will make a Records request to find out what, if anything, happened in October 2015.

Back to the end of the June 15th meeting: the group's goal is to make a recording of one or two meetings, upload them to probably Youtube, and then ask for resident's comments/suggestions. There will be additional community members needed not only to get this proposal off the ground, but to sustain the effort. At the end of the meeting, one resident said that after a Selectmen's meeting he hears from a few of his friends, and there are different stories. He is in favor of watching a video on his own, and forming his own opinion. How this works out depends on the vast majority of you, the residents.

Library Listings: Due to the early deadline for this issue, please check with the library. Drop in or call (413) 566-3047

Remember the June issue's questions asking the below questions?

What type of information would you like to see in this Newsletter? Or on the town's website? Any questions about any of the public bodies (committees, boards, etc)?

This June issue meets the 18 month mark. Is it worth it?

Update: THERE WERE NO COMMENTS!

"There is immense power when a group of people with similar interests gets together to work toward the same goals."

— Idowu Koyenikan, Wealth for All: Living a Life of Success at the Edge of Your Ability
<https://www.goodreads.com/quotes/tag/working-together>

A Special Election is on the horizon due to the resignation of Selectman Norm Charest.

Watch for information on the town's website, *The Wilbraham-Hampden Times*, *The Reminder*, and Facebook's "566: Hampden Matters" page.

A **BIG Thanks** goes to all the volunteers that make this Newsletter happen.

Nancy R. Zebert, Volunteer Editor